

AMBRO PLUS

*Ambroxol Hydrochloride,
Dextromethorphan
Hydrobromide &
Chlorpheniramine Maleate
Syrup*

Consumer Medicine Information

What is in this leaflet?

This leaflet contains answers to some common questions about Ambro Plus. It does not take the place of talking to your doctor or pharmacist. All medicines have risks and benefits. Your doctor has weighed the risk of you using this medicine against the benefits he/she expects it will have for you. If you have any concerns about using this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine. You may need to read it again.

What does Ambro Plus look like? (Dosage Form)

Pink colour clear syrup in a PET Amber bottle packed in a carton with measuring cup & leaflet.

Is this oral or injectable? (Route of Administration)

It is to be consumed orally.

Ingredients / Content / Volume:

Each 5ml contains:

Ambroxol
Hydrochloride BP... 20 mg
Dextromethorphan
Hydrobromide BP... 10 mg
Chlorpheniramine
Maleate BP..... 2 mg
Flavoured
Syrupy Base.....Q.S.
Colour: Ponceau 4R

How to store Ambro Plus? (Storage temperature & conditions)

Keep in cool and dry place. Protect from direct sunlight. Store below 30° C.

What other ingredients are in this medicine beside the active one? (Declaration of Excipients): Pharma Grade Sugar BP, Sodium Citrate BP, Di Sodium EDTA BP, Citric Acid Monohydrate BP, Menthol BP, Potassium Sorbate BP, Ponceau 4R IH, Raspeberry Flavor IH, Sorbitol Solution 70 %, (Non-crystallizing) BP, Sodium Benzoate BP, Glycerin BP, Sucralose BP.

Do I need a prescription to get this medicine? (Dispensing Condition)

Yes, Prescription Medication Only.

What age group is this medicine suitable for? (Age Indication)

Children: 2 to 15 years or as advised by Physician
Adults: 15 years and above.

What Ambro Plus is used for? (Indications)

Ambro Plus Syrup is primarily used to treat cough (dry & Productive) Additionally, it is also used to treat allergic symptoms such as sneezing, running nose and throat irritation.

How should I take this medicine? (Method of Use)

It is to be consumed orally.

What is the dosage schedule and dose duration?

Adults and Children (12 years of age and older): 1 teaspoonful (5 mL) every 4 to 6 hours, not to exceed 6 teaspoonfuls in 24 hours.

Children (6 to under 12 years of age): 1/2 teaspoonful (2.5 mL) every 4 to 6 hours, not to exceed 3 teaspoonfuls in 24 hours.

Children 2 to under 6 years of age: 1/4 teaspoonful (1.25 mL) every 4 to 6 hours, not to exceed 1.5 teaspoonfuls in 24 hours. Not recommended for use in children under 2 years of age.

What are the signs of an Overdose: Symptoms of Ambro Plus overdose can lead to severe drowsiness, seizures, widened pupils, nausea, vomiting fast heart beat and hallucinations. Immediate medical attention is essential if these symptoms occur.

What should I do immediately if someone has Overdosed? (Overdose Management):

If you suspect an overdose seek immediate medical attention.

Activated Charcoal: to absorb the drug, gastric lavage (stomach pumping), and laxatives to help expel the drug.

Intravenous (IV) Fluids: to maintain hydration, breathing support and monitor the heart activity. Psychiatric consultation is needed if overdose involves

psychosis or suicidal behaviour.

Warning & Precaution:
Is there anything I should be careful about while taking this medicine?

Ambro Plus require warning and precautions due to risk of drowsiness, drug interactions and contraindications in certain conditions. Always consult the doctor before use.

Do not use with MAO inhibitors (eg. phenelzine, selegiline) or within 14 days of them, due to the risk of severe high blood pressure or stroke.

Avoid consuming alcohol, caffeine due to its effect of drowsiness.

Precaution: Consult your doctor and always take Ambro Plus under medical guidance. Do not self-medicate.

Who should not take this medicine?

(Contraindications)

If allergic or hypersensitivity to any of the ingredient in Ambro Plus.

Does this medicine interact with any other drugs I'm taking? (Drug Interactions):

Drug - Drug: Inform your doctor if you are taking any muscle relaxants, anti-depressants, anti-allergic or antibiotic medicines. are taking.

Drug - Disease: Inform the doctor if you have narrow angle glaucoma, urine retention, heart disease, high

blood pressure or peptic ulcers before consuming Ambro Plus.

Food & Drink Interactions: Avoid consuming alcohol, caffeine due to its effect of drowsiness, dizziness or difficulty in concentration.

Is it safe during pregnancy or breast feeding?

Consult your doctor if you are pregnant, or planning to have a baby or during breast feeding, before consuming Ambro Plus.

Is it safe to drive or operate machine using this medicine?

Avoid due to its effect of drowsiness and dizziness.

How does this medicine work? (Pharmacological Information)

Ambro Plus used to treat dry and productive cough and contains Amroxol that is a mucolytic that thins and loosens phlegm (mucus) in the lungs, windpipe, and nose, that helps to cough out phlegm easily. Chlorpheniramine is an anti-allergic drug that blocks the action of histamine, a substance responsible for causing allergic reactions. It helps to provide relief from symptoms of allergy such as sneezing, running nose, watery eyes, itching, swelling, and congestion or stiffness. Dextromethorphan is a cough suppressant that blocks the transmission of nerve signals from the cough centre in the brain to the muscles that produce cough.

What Side Effects can this medicine cause?

Common side effects may include: Nausea, Dryness of throat and nose, Drowsiness, Constipation or diarrhoea, Dizziness.

How does the packaging of this medicine look like?

100 ml PET bottle packed in carton with measuring cup & leaflet.

Manufacturer & Product License Holder:

Rhombus Pharma Pvt Ltd.
Survey No 807/002,
Near Ethrico Industries,
Lakshmanpura, Ta: Kadi,
Dist: Mehsana 382165.
Gujarat. India.

Marketing Authorisation Holder:

ELR Pharmaceuticals FZCO
DDP Building A2, Dubai
Silicon Oasis, Dubai. United
Arab Emirates.

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